

Everyone is a leader—  
either by choice or by  
default. The question  
you must answer is...

How well do you  
lead yourself and  
others  
to *Action*?

Based on 7 Levels of  
Leadership and 8 Building  
Blocks That Enable Powerful  
Changes In You and Those  
Around You.

  
Yellow Zone International

**Balance**  
on Buffalo

 **ENERGY  
LEADERSHIP™**

A Transformative  
Leadership  
Development  
Program to  
master the areas  
necessary to lead  
yourself to action  
and create new  
possibilities for  
your life.

**Your transformation begins  
September 14, 2010**



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Certified Professional Coach  
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920-682-5015



What do you believe it takes to become a  
**Dynamic, Motivational Leader?**

*... What will be the impact on your  
life when you achieve this?*

### Become The Ideal Leader

The Energy Leadership Index (ELI) is a one-of-a-kind assessment that enables leaders to hold up mirrors to their perceptions, attitudes, behaviors and overall leadership capabilities. The ELI forms the initial launching point for the Energy Leadership Development System, by providing you with a baseline for your current level of awareness, performance, and effectiveness. You progress through a debriefing and orientation process that then enables you to plan your development roadmap.

You'll understand the concept of levels of energy, and how they are related to leadership excellence. You'll then learn how to shift your energy to present yourself in a way that inspires greatness in others.

## Pricing

### A la carte

- Energy Leadership Index Assessment (ELI) with a 1-hour one-on-one consultation: \$415
- One group session: \$25 (Pick and choose topics of interest.)
- One-on-one coaching sessions (on the phone): \$450 for 4 sessions plus email support

### “I’m on a Roll!” Bundle

ELI Assessment with the 1 hr consultation  
+ Energy Leadership book, written by Bruce D Schneider  
+ 4 group sessions (your choice)  
+ 1 private coaching session on the phone  
\$499. (Value = over \$650)

### “I’m all in!” Bundle

ELI Assessment with the 1 hr consultation  
+ Energy Leadership book, written by Bruce D Schneider  
+ 10 group sessions (the entire program)  
+ 4 private coaching sessions on the phone  
\$750. (Value = over \$1,100)

## 2010 Group Session Schedule

Sept. 14: Building the Foundation / Kick Off  
Sept. 21: Emotional Intelligence  
Sept. 28: Communication  
Oct. 5: Influencing and Engaging Others  
Oct. 12: Problem Solving  
Oct 19: Productivity and Decision Making  
Oct 26: High Energy Relationships  
Nov. 2: Health and Wellness  
Nov. 9: Time Management and Balance  
Nov. 16: Wrap up, next steps

Group sessions meet on 10 consecutive Tuesdays,  
starting September 14, 2010 from 7 – 9 pm at  
Balance on Buffalo, 924 Buffalo Street, Manitowoc.

### Registration Required

For more information and to register,  
contact Juliet Kosarzycki at  
920-682-5015 or email:  
Juliet@YellowZoneInternational.com